



*Community
Connections & Collaborations*

Asian American Psychological Association 2007 Annual Convention

August 16 - 17, 2007

**Alliant International University
San Francisco, California**

Conference Co-Chairs:

Karen L. Suyemoto and Kwong-Liem Karl Kwan

Program Co-Chairs:

Grace Kim & Verna Fabella Hicks

Welcome to San Francisco!

The 2007 Conference marks a milestone as we host the first 2-day conference in the history of the Asian American Psychological Association. Thanks to the dedication and hard work of a great program committee, led by Grace Kim and Verna Fabella Hicks as Program Co-Chairs, we have a stellar program that reflects the diversity, creativity, and social conscience of Asian American Psychology. True to the spirit of the conference theme “Community Collaborations and

Connections,” AAPA joins hands with Alliant International University (California School of Professional Psychology, CSPP – San Francisco), the National Asian American and Pacific Islander Mental Health Association (NAAPIMHA), and the Richmond Area Multi-Services, Inc. (RAMS), who are co-sponsors of this year’s conference. In addition to our usual sessions, posters, and mentoring reception on the first conference day, the second day offers 3-hour-long workshops aimed at developing practice, research, teaching, and advocacy skills. Sessions and workshops are offered by NAAPIMHA and RAMS as well as AAPA and our breakfast/lunch/snack will be prepared and catered by Café Phoenix – an on-the-job training café and catering services operated by clients in RAMS Hire-Ability Vocational Services. The conference also offers four guided educational tours to Angel Island, Chinatown, RAMS sites, and San Francisco community mental health programs. Let’s connect, collaborate, and celebrate our achievements!

2007 AAPA Conference Committee

Conference Co-Chairs: Karen L. Suyemoto and Kwong-Liem Karl Kwan

On-Site Conference Chair: Tai Chang

Program Co-Chairs: Grace S. Kim and Verna Fabella Hicks

Sessions: John Tawa and Miki Lasher

Posters: Matthew Miller and Sarah Cho-Kim

Registration: Angela Ebreo and Nancy Lin

Volunteer Coordinators: Julie AhnAllen & Patricia Lee

Banquet Coordinator: Stephanie Day

Bookdrive Co-Chairs: Urmi Chakrabarti and Stephanie Pituc

Awards Committee Chair: Fred Leong

Events Coordinator: Ellen Lin & Kavous G.Bassiri

CEU Coordinator: Chun-Chung Choi

Proposal Reviewers: Muninder Kaur Ahluwalia, Julie AhnAllen, Hazel R. Atuel, Audrey Bangi, Urmi Chakrabarti, Edward Chang, Janet Chang, Nadine Chang, Melody Chao, Grace Chen, Wendy Cheng, Joyce P. Chu, Michi Fu, Yuhong He, Joyce Ho, George Hong, Que-Lam Huynh, Bryan S. K. Kim, Greg Kim-Ju, Chu Kim-Prieto, Szu-Hui Lee, Weichien Lee, Kelly Yu-Hsin Liao, Jeff Mio, Laurie McCubbin, Dung Ngo, Angela-Minhthu Nguyen, Yuki Okubo, Jennie Park-Taylor, Anneliese Singh, Rachel Ting, Femina Varghese, Meifen Wei, Tony Wu, Ann Marie Yamada

MEET OUR CONFERENCE CO-SPONSORS:

ALLIANT INTERNATIONAL UNIVERSITY

Formed in July 2001 by the combination of the California School of Professional Psychology (CSPP) and United States International University (USIU), Alliant International University is an independent, not-for-profit institution of higher education with a history distinguished by innovation. Alliant focuses on preparing students for professional careers in the applied social sciences. As a community of scholars and practitioners, our faculty and students are committed to making an impact in society, and on producing results that make a difference in the lives of individuals, families, schools, organizations and businesses and nations. Our institution applies scholarship to solve social problems and has always had an abiding concern for diversity and internationalism.

The California School of Professional Psychology prepares students for careers as clinical psychologists, marital and family therapists and other mental health professionals. CSPP started the professional school

movement and was one of the very first professional schools of psychology to integrate multiculturalism into its entire curriculum. CSPP remains an innovator, developing new programs such as the post-doctoral Master of Science program in clinical psychopharmacology and the clinical psychology PsyD program in Hong Kong.

**NATIONAL ASIAN AMERICAN/PACIFIC ISLANDER
MENTAL HEALTH ASSOCIATION (NAAPIMHA)**

The National Asian American Pacific Islander Mental Health Association is very pleased and honored to join AAPA as a co-sponsor for their annual conference, which will be held this year in San Francisco. Many who helped shape AAPA are seen as pioneers in the area of Asian American mental health and have truly paved the way for others to study and learn about this important area. The collaboration between AAPA and NAAPIMHA provides a wonderful opportunity to connect those from the academic arena with those who work in the community and puts into practice the notion of science to service. Doing culturally and linguistically competent research, program design and treatment planning requires this type of collaboration.

NAAPIMHA was established in 2000 to address the mental health needs of Asian American, Native Hawaiians and Pacific Islanders. Over the years it has worked closely with the US Dept of Health and Human Services, Center for Mental Health Services at SAMHSA and others to improve the quality of care for communities of color. NAAPIMHA helped write the subcommittee report on reducing disparities and cultural competency for the President's New Freedom Commission on Mental Health and other policy papers that serve as the basis for setting national guidelines on how to change the current mental health system. NAAPIMHA collaborates with colleagues from the African American, Latino and Native American communities to make sure that the needs of diverse populations is always heard. NAAPIMHA also worked with community based organizations in NY, San Francisco, Seattle, Wai'anai and Denver to develop the first national training curriculum to cut across the disciplines of psychiatry, psychology, social work and counseling to train individuals on providing culturally and linguistically competent services for AAPIs. NAAPIMHA is also working with the National Latino Behavioral Health Association to pilot a training of interpreters in the mental health arena in five California counties. The focus is always on ways to improve the quality of life by understanding and respecting the role of culture and language in the provision of services, community development and capacity building at the local and national level.

We congratulate AAPA on what we know will be another successful conference and welcome the opportunity to make this an ongoing partnership with NAAPIMHA. Our hope that this conference will provide a forum to talk about key issues, identify strategies to build on the leadership within the community and on college campuses and find ways to establish a true national network that brings together those doing research and direct services.

RICHMOND AREA MULTI-SERVICES, INC. (RAMS)

Founded in 1974, Richmond Area Multi-Services, Inc. (RAMS) is a private, non-profit comprehensive mental health agency providing community-based, culturally competent, and consumer-guided services that meet the mental health, vocational, social, and educational needs of the diverse San Francisco Area, with an emphasis on serving the Asian & Pacific Islander American community. RAMS has over 30 clinical programs integrated into 7 core programs and is able to provide clinical services in 20 languages to the adults, children, youth, and families.

RAMS congratulates and celebrates with the Asian American Psychological Association at the 2007 Conference in San Francisco. As part of the co-sponsorship for the AAPA 2007 Conference, RAMS is also able to provide catering for breakfast & lunch from *Café Phoenix*. This reputable and well-reviewed client-operated café & catering service is an on-the-job training site of RAMS Hire-Ability Vocational Services - this program provides training and employment services to adults with mental health conditions and aims to

enable participants to gain successful employment while improving self-sufficiency and maintain long-term employment.

THURSDAY, AUGUST 16

**Registration: Starting at 7:00am: Alliant International University (AIU) Lobby
Continental Breakfast 7:00am – 9:00am**

ALL DAY EVENTS:

AAPA Book Drive for Student Scholarships: Thursday 8:00am – 5:00pm & Friday 8:00am – 2:00pm, AIU Lobby: Get the latest books related to Asian Americans and multicultural psychology! Expanded book offerings this year include children's books, fiction titles, and other professional resources! **All proceeds benefit the Student Travel Fund**

Bone Marrow Donation: Thursday, 8:00am – 4:30pm Sign up in AIU Lobby, then proceed to Room 204

SESSIONS, EVENTS and SPEAKERS

7:30 – 8:30am

APA Graduate Student and New Professionals Career Workshop Breakfast

Chair: Virginia Holt, Associate Executive Director, APA. Panelists: Amy Lam (National Asian Pacific American Women's Forum) and Lawrence Yang (Columbia University)

Sponsored by the APA Science Directorate. What is the "right" career path for you and what does it take to achieve it? At this breakfast meeting students and new professionals can explore career options that incorporate the expertise that scientifically trained psychologists possess and employers value. Expert panelists who have taken different paths as psychologists will share their insights with opportunity for discussion.

8:45-10:45am

**KEYNOTE ADDRESS: *Collaborations Within and Beyond:
Community and Personal Connections Advancing Mental Health and Social Justice***

Anni Chung (President/CEO, Self-Help for the Elderly); **Terry Gock** (Director, Asian Pacific Family Center, Pacific Clinics, Los Angeles; **Yvonne Lee** (Commissioner, San Francisco Police Commission); and **Amy Lam** (Research Director, California Young Women's Collaborative, National Asian Pacific American Women's Forum) discuss their experiences with advancing mental health and social justice for Asian Americans through fostering connections within the Pan-Asian group across differences (e.g. diverse ethnicities, gender, sexual orientation, religion, age) *and* connections between Asian American communities and those with shared concerns about resisting oppression and contributing to mental health. Collaborations and connections are made at multiple levels: within individuals as we negotiate our different identities and affiliations, among individuals as we negotiate our similarities and differences, and among different types of service providers, organizations, and communities at local and national levels as we work together toward common

goals of health and justice. Our distinguished keynote speakers will discuss these multiple types of collaborations and connections, present successful examples of creating these types of collaborations, and discuss both individual and social challenges to fostering collaborations.

11:00am – 12:00pm: SESSION ONE

Asian American Center on Disparities Research: Community-based Research on EBPPs

Nolan Zane (Chair), University of California, Davis; Wei-Chin Hwang, Claremont University; Stanley Sue, University of California, Davis; Tonya Fancher, University of California, Davis; Ladson Hinton; Tony Jerant

In July 2007, the Asian American Center on Disparities Research (AACDR) will be funded by the National Institute on Mental Health and serve as the only nationwide research center focused on the mental health issues of Asian Americans. The center's research investigates how cultural factors can affect the effectiveness of evidence-based psychological practices (EBPPs) for Asian American clients. This symposium presents and describes AACDR's three research programs, all of which involve community-based clinical studies, and discusses various strategies that can enhance the collaborative working relationships between the center's projects and Asian American communities to optimize community-relevant and translatable research.

Private Practice: Words of Wisdom: *Stephen H. Chou, Private Practice, Chinatown Child Development Center, Alliant International University – California School of Professional Psychology; Michi Fu, Asian Pacific Family Center of Pacific Clinics, Private Practice; John C. Wu, Private Practice*

Through collaboration and connection with and amongst our fellow psychology graduate students and psychologists, this session aims to provide a forum to share our experiences and knowledge about beginning and maintaining a successful independent private practice. Personal narratives from three licensed clinical psychologists in independent private practice will be imparted to attendees followed by a discussion with attendees interested in forming an independent private practice. Clinical, legal, ethical, and business issues related to forming an independent private practice will be focused upon.

Hearing their Voices, Meeting their Needs: Experiences of Filipino Americans in

Graduate Education *Kevin L. Nadal, Teachers College of Columbia University; Stephanie T. Pituc, University of California, San Francisco; Marc Johnston, New York University; Theresa Esparrago, New York University*

While Filipino Americans make up the second largest Asian group in the United States, little is known of their experiences in higher education, especially in relation to graduate students. The results of a national exploratory qualitative study on the experiences of Filipino American graduate students will be presented, with specific findings on feelings of marginalization, dealing with racism, and finding systems of support. Participants will learn specific recommendations on how the findings can be applied to supporting marginalized communities within academic institutions and beyond.

Asians Talking to Asians about Our Relations to Black/African American Individuals and Communities *John Tawa, Susan A. Lambe, & Nancy J. Lin: University of Massachusetts, Boston*

This interactive session will engage participants in a dialogue about Black/Asian relations from an Asian American perspective. Presenters will share their experiences as Asian Americans working in community and academic settings with diverse Black/African American individuals and groups. Discussion will then be led on the following topics: Asian Americans' subjective and intersubjective perceptions of Black/African Americans; the *ascribed relative privilege* of Asians in relation to Blacks; and the transnational, ethnic, and cultural diversity within the Black/African American group. By "unpacking" our experiences as Asian

Americans with Black/ African Americans, we hope to take a positive step towards strengthening this relationship.

Challenge From Within *Jorge Wong (Chair), Lisa Gleason, Kyle Yamasaki, Anne Im, Asian American for Community Involvement*

Collaboration between different community agencies is often challenging. The logistics for coordination and lead roles are often contentious. Ethnocultural and organizational cultural values often collide. Within a large non-profit health and human services agency with multiple prominent departments, constituting of Pan-Asian staff and funded through various governmental sources, collaboration frequently resembles the challenges faced by collaborating efforts experienced with external agency collaborations.

Developing a Program of Research in Asian American Psychology *Sumie Okazaki, University of Illinois at Urbana-Champaign*

This session will cover various themes related to developing a program of research in Asian American psychology. The presenter will take up major questions such as: What defines a program of research? How did programmatic research come to be valued in our discipline? How do we conduct programmatic research on Asian Americans? What resources are necessary to conduct programmatic research with Asian Americans? What does it mean for Asian American psychologists to engage in programmatic research?

Learning from 10 International Student Support Groups *Chun-Chung Choi, University of Florida; Lisa A Ferdinand, Georgia State University; Shu-Ping Lin, University of Alaska; Yi-Jiun Lin, University of Missouri at Columbia; Yu-Ping Huang, University of Florida*

This presentation focuses on the experiences of establishing, retaining, and processing support groups for international students. The first presenter explores the unique challenges in establishing an international student support group on a university campus. The second presenter employs the Three-Dimensional Multicultural Counseling Model and proposes that therapists assume different roles in response to client needs. The third presentation focuses on strategies and formats the presenters utilized in conducting general and specialized international student support groups. The fourth presentation focuses on language issues. Drawing from theories and experiences, this presentation serves as an important step in advancing the present state of knowledge about services provided to international students.

Clinical Triad: A Multidisciplinary Approach to Treatment *Katherine Eng, Wing Yeung, Vida Wong, Richmond Area Multi-Services, Inc., Adult Outpatient Clinic*

With the growing trend towards “wraparound” or “full service” programs, this presentation looks at a multidisciplinary model of treatment through perspectives of three providers: individual therapist, group therapist, and psychiatrist. Each clinician will share their approach with the same client and discuss possible challenges and strengths in the working collaboration, as well as propose ways to coordinate care.

Asset building within AAPA: Exploring ways to strengthen our organization *Angela Ebreo, University of Illinois; Bai-Yin Chen, Bowling Green; Arpana Gupta, University of Tennessee*

Over the past few years, AAPA has experienced a large increase in its membership. During February and March 2007, a survey was conducted to solicit members’ degree of involvement and perceptions of the benefits of AAPA membership. This interactive session will familiarize members with findings from this survey, particularly as they relate to ways in which the organization can be improved as it grows. The bulk of time in the session will be devoted to a dialogue in which members can discuss in greater detail ways in which AAPA can contribute to leadership, professional, and community development among its members.

12:15 – 1:15pm: LUNCH AND CAUCUS MEETINGS

We are convening 9 caucuses/discussion groups during the lunch hour. Everyone is welcome! **If you have signed up for a box lunch, you may pick it up in the AIU Lobby before proceeding to the meeting room listed below.**

Division of Women
Social Justice and Advocacy
Division on Students
College Counseling and Student Affairs
Child/Adolescent Research and Practice
Research Methods
Community Practice
Teaching Race, Culture, and Asian American Psychology
Division of South Asian Americans

1:30 – 2:30pm: POSTER SESSION & TRAVEL AWARDS

- **Parenting Styles and Domain-Specific Self-Esteem for Asian and White Americans** *Phillip D. Akutsu, Laura P. Girz, & Ben W. Li, University of Michigan*
- **Self-Conceptualization and Stigma: Asian Americans Receiving Community-Based Mental Health Services** *Hazel Atuel, Ann-Marie Yamada & Glenda Baguso, University of Southern California*
- **Checking Other: Race, Gender, and Sexual Orientation – Multiple/Hybrid Identities** *Catherine Bitney, The New School for Social Research in New York City*
- **Self Esteem’s Impact on Chinese Americans’ Perception of Racism** *Julie Brewer, Patricia Kwok & Alvin Alvarez, San Francisco State University*
- **Asian Bisexual Women: Understanding the Invisible Population** *Lindsey Brooks, Arpana G. Inman, Matthew Malonf, Rebecca Klinger, & Anju Kaduwetoor, Lehigh University*
- **Predictors of Symptom Severity in Chinese-American Inpatients with Schizophrenia** *Nadine A. Chang, Hofstra University; Mark R. Serper, Hofstra University/New York University School of Medicine; Annie Tang, New York University; Amy Chan, New York University*
- **Model minority... An ideal to strive for? The role of media exposure on individuals’ self-representation** *Melody Manchi Chao, Chi-yue Chiu & Carolyn Kwok, University of Illinois, Urbana-Champaign*
- **Preparing Chinese Adoptees for Racism: A Chinese Heritage School’s Experience** *Yung-Lung Chen, University of Wisconsin-Milwaukee, Cricket Academy; Pamela Downing, University of Wisconsin-Milwaukee, Cricket Academy; Bonnie Knippel, Cricket Academy; Kimberly J. Langrehr, Cricket Academy*
- **Severity of Late-life Depression in Asian American Primary Care Patients** *Janice Cheng, San Francisco State University; Joyce Chu, University of California, San Francisco; R. Scott Mackin, University of California, San Francisco; Patricia Areán, University of California, San Francisco*
- **Parental Socialization of Sadness in Filipino American Males and Females** *Eva Chow, Noriel E. Lim & Sumie Okazaki, University of Illinois, Urbana-Champaign*
- **Utilizing Community Mobilization Approaches to Empowering Asian American Youth** *Lisa De La Rue, Summer Ritner, Rainine Tabish, Jeannete To & Greg Kim-Ju, California State University Sacramento*

- **Enhancing Mental Health Services to Foster Community Integration of Asian-Americans** *Tam Dinh, Ann-Marie Yamada & Diana Nguyen, University of Southern California*
- **Regional variation in the significance of phenotype among Filipino Americans** *Cathryn Fabian & Michael Spencer, University of Michigan*
- **Comparisons between Chinese and Caucasian Canadians in catastrophizing and pain responses** *Annie Y. Hsieh & Dean Tripp, Department of Psychology, Queen's University*
- **Creating Connections with Multiple Communities: Reflections on a Cultural/Linguistic Clinic** *Grace S. Kim, Kim Nghiem, Phuong Nguyen, Sukanya Ray & Kumiko Ide, Cambridge Health Alliance / Harvard Medical School*
- **Empowering Clinicians and Empowering Communities: Outreach Efforts to Asian American Communities and Universities** *Sukanya Ray, Grace S. Kim, Kumiko Ide, Phuong Nguyen & Kim Nghiem, Cambridge Health Alliance / Harvard Medical School*
- **Communication Processes in Interviews with Chinese Americans: A Methodological Discussion** *Christine M.L. Kwan, University of California, San Francisco; Kevin M. Chun, University of San Francisco; & Catherine A. Chesla, University of California, San Francisco*
- **Self-Esteem as a Predictor of Racism-Related Coping Strategies for Chinese Americans** *Patricia Kwok, Alvin Alvarez & Julie Brewer, San Francisco State University*
- **Engaging Korean Churches to Provide Less Stigmatized Mental Health Services** *Kyeong-Hae Lee, Ann-Marie Yamada & Lucian Song, University of Southern California*
- **Creating Space for Asian American Studies: Profiling Student Resources** *Matthew R. Lee, University of Illinois at Urbana-Champaign; Sharon S. Lee, University of Illinois at Urbana-Champaign; Teresa A. Mok, independent scholar; David W. Chih, University of Illinois at Urbana-Champaign*
- **Asian Americans: Pathways to Care in First Episode Psychosis** *Rufina J. Lee, Columbia University Mailman School of Public Health & Graciete Lo, Fordham University*
- **Min yi shi wei tian “People regard food as the sky”: Implications for Treatment for Chinese and Chinese Americans with Disordered Eating Patterns** *Ya-Shu Liang, Cornell University*
- **Chinese Cultural Interpretations of Xiao xin yan (Narrow-mindedness) and Mental Illness** *Graciete Lo, Fordham University; Kenneth Chung, University Settlement Consultation Center; Yu-wen Chou, Columbia University, Mailman School of Public Health, Dept of Epidemiology; Lawrence Yang, Columbia University, Mailman School of Public Health, Dept of Epidemiology*
- **Stigma Experience of Mothers and Fathers of Children with Learning Disabilities in Vietnam** *Hong Ngo, Teachers College, Columbia University; Jamie Li, Teachers College, Columbia University; Jin Shin, Hofstra University; Lawrence Yang, Mailman School of Public Health, Columbia University*
- **Factors Influencing Ethnic Self-Identification for Individuals of Vietnamese Descent** *Angela-Minh Tu D. Nguyen & Verónica Benet-Martínez, University of California, Riverside*
- **The hidden addiction: The influence of cognitive and social factors on problem gambling amongst Southeast Asian American youth** *Mai T. Nguyen, California School of Professional Psychology- San Francisco*
- **Factors Affecting Career Development Among Chinese-American College Students** *William W. Nguyen, California School of Professional Psychology (CSPP) at Alliant International University (AIU)*
- **The Impact of Shifting Selves on Japanese Americans’ View and Attitudes Towards Receiving Psychological Help** *Yuki Okubo, Teachers College, Columbia University; Christine J. Yeh, University of San Francisco; Sun-Young Shin, affiliation not provided; Amanda Spalter, University of Wisconsin-Madison; Candice Siu, St. John’s University; Stephanie Pituc, University of San Francisco*

- **Internal Reflection and Reflective Practice: Multicultural Competence in Community Mental Health** *Jennie Park-Taylor, Fordham University; Grace S. Kim, Cambridge Health Alliance / Harvard Medical School; Lina Budianto, Fordham University*
- **Differences in the separation and individuation process for Asian American and European American college students** *Yong S. Park, University of California, Santa Barbara; Bryan S. K. Kim, University of Hawaii, Hilo; Debra J. Fan, University of California, Santa Barbara; Diana Vo, University of California, Santa Barbara*
- **Experiences of Everyday Racist Insults among Asian Americans** *Nicole Rider, Anne Saw & Matthew R. Lee, University of Illinois at Urbana-Champaign*
- **Experiences of Stigma among Chinese Immigrants with Schizophrenia: Implications for Community-Based Interventions** *Munyi Shea, Graciete Lo, Yu-wen Chou, & Lawrence Yang, Columbia University*
- **Emotional Suppression Scale for Asian Americans (ESSAA)** *Jenny C. Su, Richard Lee, Alisia Tran & Kyoung-Rae Jung, University of Minnesota, Twin Cities*
- **Identity Consistency: The Norm or the Exception for Bicultural Individuals?** *James Telesford, Christine Tsai, Que-Lam Huynh & Verónica Benet-Martínez, University of California, Riverside*
- **Cultural Indicators in Predicting Emotion Expression and Psychological Well-Being: An Examination of Ethnicity, Self-Constraint, and Acculturation.** *Bruce K. Thao, Saint Joseph's University*
- **An Exploratory Study of the Marital and Psychological Experiences of Filipino Mail-Order Brides in the United States** *Amee Velasco, Valata Jenkins-Monroe & Esmenia Luluquisen, California School of Professional Psychology at Alliant University, San Francisco*
- **Beyond acculturation questionnaires: Applying the Culture Day Reconstruction Method to Chinese international students** *Donald H. Watanabe & Andrew G. Ryder, Concordia University, Montreal, Quebec, Canada*
- **Self-Care Issues at the Organizational Level for Psychotherapists- -In-Training Working with the Less Acculturated Chinese Immigrant Population.** *Luo-wen Wong, Alliant International University (California School of Professional Psychology)*
- **Stereotype Endorsement as Mediator of Racial Identity and Collective Self-esteem** *Richie Phu Wong & Tai Chang, California School of Professional Psychology (CSPP) at Alliant International University (AIU)*
- **Does Ethnic Identity Protect or Exacerbate the Effects of Racial Discrimination on the Psychological Well-being of Asian Americans?** *Hyung Chol Yoo, Arizona State University & Richard M. Lee, University of Minnesota*
- **Mental Health of South Asians: A Community Psychology Approach** *Marium Zafar & Janece Warfield, Wright State University*

2:45 – 3:45pm Mentor-Mentee Reception
Come enjoy sushi, snacks, and beverage prepared by Café Phoenix

A great way for students to find and connect with mentors is to attend the AAPA Mentor-Mentee Reception! The purpose of this reception is to connect Asian American students or young professionals with more established faculty or mental health professionals. Students and professionals are matched according to similar areas of interest, and enjoy an afternoon coffee/tea social hour together.

4:00 – 5:00pm: SESSION TWO

Engaging and Empowering Asian American and Immigrant Communities. *Christine J. Yeh (Chair), University of San Francisco; Patsy Tito; I'akabo Sao: Samoan Community Development Center (SCDC); Benson Wong and Darin Ow-Wing: Chinatown Beacon Center; Stephanie T. Pituc, University of San Francisco; Romeo Garcia, Livanag Kultural Center; Richard M. Lee (Discussant), Samoan Community Development Center*

This symposium includes three presentations from local community organizations serving Samoan, Filipino, and Chinese American/immigrant youth communities. The first program includes a digital storytelling project providing voice to Samoan experiences with stereotypes, racism, poverty and loss. The second presentation focuses on a youth-run radio program on challenges and issues facing Chinese youth (sexual health, identity, racism, intergenerational conflict, etc). The final presentation will demonstrate the use of modern art approaches (e.g. hip-hop, poetry, rap, etc) when working with Filipino youth.

Connections & Disconnections: Feminism in the lives of Asian and Pacific Islander Women *Debra M. Kawahara, California School of Professional Psychology at Alliant International University; Phi Loan Le, Santa Ana College*

For many, there is a longstanding belief that the feminist movement is not relevant in the lives of Asian Americans, and the visibility of Asian Americans within the movement has been minimal. This interactive session will explore this phenomenon and the relevance of feminism in Asian American communities. We will then have participants discuss and share their perspectives about feminism and the feminist movement within their lives, their professions, and in larger society by posing relevant discussion questions.

Adherence to Asian Values: Innovative Research, Applications, and Directions. *Y. Joel Wong (Chair), Indiana University; Andre Lai, Bluebonnet Trail Community Mental Health & Mental Retardation Center; Seong-Hyeon Kim, University of Texas at Austin; Kimberly K. Tran, University of Texas at Austin; Bryan Kim (Discussant), University of Hawai'i at Hilo*

This symposium includes three presentations that extend the literature on Asian American enculturation. Based on self-determination theory, the first presentation examines the relationships among Asian American students' adherence to Asian values, academic motivation, and their parents' parenting strategies. The second presentation analyzes the relationship between Asian Americans' adherence to Asian values and their coping strategies as well as potential mediators using path analyses. Guided by a self-regulation illness representation model, the third presentation investigates the association between Asian Americans' adherence to Asian values and their lay beliefs about depression. Implications for educators, clinicians, and Asian American communities are discussed.

Psychosocial Issues Among Asian Americans: Results from the National Latino and Asian American Study (NLAAS) *David Takeuchi (Chair), University of Washington; Oanh Meyer, University of California, Davis; Nolan Zane, University of California, Davis; Stanley Sue, University of California, Davis; Manveen Dhindsa, University of California, Davis; Carmel Gabriel, University of California, Davis.*

The National Latino and Asian American Study (NLAAS) is the largest, most rigorously conducted psychiatric epidemiological and service use study of Asian Americans and Latinos in the U.S. Until NLAAS, there was no national epidemiological study of mental health disorders among Asian Americans. This symposium presents findings from three studies that examined various major psychosocial issues of Asian Americans: mental health service utilization among those identified with an actual psychological disorder, risk factors of partner abuse independent of marital distress, and factors and moderators of economic success. Implications for mental health care and related services are discussed.

DSM-IV Outline for Cultural Formulation: Bringing Culture into the Clinical Encounter

Francis Lu, University of California at San Francisco

The need for culturally competent services is frequently cited yet it is difficult to find clear definitions of what those competencies are or should be. In 1994 APA published DSM-IV, which included an Outline for Cultural Formulation to provide a concise method of incorporating cultural issues into the diagnostic process. The 2004 *Growing Our Own* curriculum developed by NAAPIMHA was the first national training curriculum to cut across the disciplines of psychiatry, psychology, social work and counseling. Building on these two sources, this session will provide an overview of how to utilize the Outline for a Cultural Formulation to integrate culture into the clinical encounter.

Asian American Psychology and Asian American Studies: Traversing the Interdisciplinary Divide, Re-Discovering the Ties That Bind. *Kevin Chun & Eileen Fung, University of San Francisco*

What is the extent and nature of interdisciplinary dialogue between Asian American psychology and Asian American Studies? Is there a growing divide between these two disciplines despite their common interest in the Asian American experience? What common ground do these disciplines share and how might they both contribute to a new paradigm for learning, research, and activism at universities and in the community? These and other related questions will be addressed, with particular attention to programmatic and didactic strategies to foster interdisciplinary collaboration. Specific illustrations from the USF Asian American Studies Program will be offered, including successes and ongoing challenges in building an Asian American and ethnic “consciousness” on campus, and in dismantling historical borders between academia and Asian American communities.

Psychodynamic Psychotherapy with a Chinese American Woman

Sachi Inoue, Richmond Area Multi-Services, Inc., Adult Outpatient Clinic

Through the case presentation of a Chinese American woman with depression, I will discuss my clinical formulations from Kleinian perspectives as well as contextual issues including cultural and familial environment, migration, and biculturalism. In addition, I will present the course of the therapy relationship with particular focus on projective identification through which my client attempts to communicate her internal struggles.

Bringing Psychology to Asian American Families *Michi Fu, Asian Pacific Family Centers of Pacific Clinics; Glenn Masuda, Asian Pacific Family Centers of Pacific Clinics; Rocco Cheng, Pacific Clinics; Terry Gock, Asian Pacific Family Center of Pacific Clinics*

This interactive session will encourage participants to interact with panelists regarding how to bring psychology to the Asian American household. A model for how to implement community psychology in the San Gabriel Valley will be shared. Various aspects of successful integration of mental health will be discussed, including: creating proposals based on stake holders’ feedback, implementing award-winning prevention programs, and deploying field-based mental health services to prevent barriers. Participants will be encouraged to share their experiences working in the community, especially suggestions regarding how to bring psychology to other Asian American communities.

Community, Consumer, and Recovery Driven Treatment: Empowering Diverse Consumers *Helen Hsu, Asian Community Mental Health; Jay Mahler, Alameda County Consumer Relations; Gwen Armstrong, Pool of Champions*

Alameda County Behavioral Health Care services utilizes Mental Health Services Act (MHSA) funds approved by California voters to improve Consumer driven services. County data demonstrated that Asian consumers are significantly underserved. MHSA funded an Asian Access program offering language and culturally appropriate screening and referral services, which plans to include consumer peer counselors.

Alameda County has recruited a pool of Consumer Champions. The Champions focus on 27 main areas of improvement for the mental health system, which shall be highlighted in the interactive session. Asian American Consumers will present throughout the interactive session to educate the audience about their experiences.

5:15pm – 6:15pm: SESSION THREE

Challenging Myths about the Mental Health of Ethnic Minority Populations *Stanley Sue, University of California, Davis*

Given the rapid growth of ethnic minority populations (e.g., African Americans, Asian Americans, Hispanics, and Native Americans) and the increasing likelihood of encountering culturally different individuals, psychologists must develop a greater understanding of the status of these populations. This presentation addresses the question of the mental health of culturally diverse groups. On one extreme, African Americans are commonly believed to have high rates of mental disorders because of stressors such as prejudice, discrimination, and minority group status. On the other extreme, Asian Americans have been considered as having a low prevalence of mental disorders because of familial and cultural resources. Recent research findings challenge these popular beliefs. The implications of the findings for mental health services are discussed.

One Size Doesn't Fit All: Examining Ethnically-Matched Therapists and Clients *Grace Chen, California State University, East Bay; Alan Maeda, California State University, East Bay; Chi-Ping Deng, University of California, Berkeley*

This interactive session opens a dialogue about psychotherapy processes between Asian/Asian American therapists and clients. As more Asians/Asian Americans provide therapy, it is important for them to explore their assumptions and concerns about their clinical work with a range of clients of Asian descent (international students, immigrants, and Asian Americans). The presenters (a second-generation Asian American from the U.S. mainland, a third-generation Asian American from Hawai'i, and an international Asian) will engage participants in examining how psychological variables (acculturation, ethnic identity, racial identity) and the socio-cultural context impact psychotherapy processes between ethnically-matched Asian/Asian American therapists and clients.

Anthropological Conceptions of 'Face' among Chinese: Clinical and Community Interventions *Lawrence Yang (Chair), Columbia University; Yu-Wen Chou, Columbia University; Nolan Zane (Discussant), University of California, Davis*

This symposium will provide an interdisciplinary examination of the 'face' construct in Chinese society by drawing upon anthropological literature and providing illustrative clinical examples to inform individual and community-level anti-stigma interventions among Chinese immigrants with mental illness. Presenter #1, through an in-depth anthropological analysis, will illustrate the theoretical elements of 'face' and how loss of 'face' reveals the ways in which stigma manifests. Presenter #2 will describe psychological interventions that apply these anthropological concepts to community-level clinical work with Chinese immigrants with schizophrenia in New York City. The Discussant will integrate these anthropological and clinical examples by incorporating this material with existing culturally-competent interventions with Chinese-Americans.

Never Be Lonely Again: Make Your Own AAPA Regional Group *John C. Wu, Asian Pacific Family Center of Pacific Clinics; Mikaru Lasber; Paul Wang, Alliant International University – CSPP; Kane Tung, Fairleigh Dickinson University*

Panel presentation on starting AAPA regional groups. Panel members have successfully started three different regional groups, one in the west coast and two in the east coast. Presenters will describe the benefits of regional groups for the individual members, their communities, and the organization itself. How regional groups can form collaborations with other groups in their community as well as help feel more connected to their community will also be discussed. The panel will share experiences gained from instituting their own regional groups and provide a framework for others interested in starting regional groups in their area. Panelists will include both psychologists and students, to demonstrate how members at all levels of experience can be involved.

AACI's Center for Survivors of Torture: A Model of Collaboration *Jorge Wong, Sarita Kohli, Sally Sharrock, & Armina Husik: Asian Americans for Community Involvement*

Working with survivors of torture takes multiple areas of expertise. A survivor of torture often does not have legal status in the U.S. and requires specialized legal and advocacy services. Intensive language and cultural specific case management are needed to secure housing, employment, and education. Medical services are required to ensure their physical wellbeing. Psychiatric and psychological services are needed to address post traumatic symptomatology. Professional training to direct healthcare service providers is important for the identification signs and symptoms of trauma and torture presented in the primary health care setting. Mitigation of vicarious traumatization is also important.

Among our Kin – a Documentary Film Exploring Mental Health among Asian American Pacific Islanders *Pearl Park, Light Fish Arts, Inc.; Can Truong*

Among Our Kin offers intimate portraits of Asian Americans living with mental illness. As the first documentary about mental health issues among Asian Americans, it is a historic effort to examine and explore the complex sociological and psychological issues for Asian American mental health consumers. Can Truong is one of the consumers highlighted in the film and will be available to answer questions about his experience as a consumer. The film was conceived by Pearl J. Park and is being produced by Light Fish Arts, LLC.

The Cultural Paradox of International Adoption: A Behavioral Science Perspective *Richard M. Lee, University of Minnesota*

This presentation examines the role of behavioral science research in the study of children adopted internationally from Asia. An overview is provided of international adoption statistics with a particular focus on children adopted from Asia. Past racial controversies are addressed and the role of behavioral science in addressing, perpetuating, and resolving the controversies is examined. The presentation concludes with new research directions in adoption studies.

2007 AAPA Dissertation Award Presentation: Patterns of Acculturation and Resilience within the Asian-Indian Diaspora

Chair: Lisa A. Suzuki, New York University, AAPA Awards Committee
Awardee: Neha Nansaria, Temple University

Researchers studying the Asian Indian population frequently focus on the immigration pathway from India to the U.S. and examine culture as a variable related to psychological vulnerability. However, many Asian Indians are “double migrants” who have migrated to other countries before entering the U.S. and who possess considerable expertise in the management of their minority status, in the reconstruction of their ethnicities, and in the negotiation of their cultural systems. This presentation explores the experiences of Asian Indians whose origins are based in East Africa, as well as India, and who currently live in the US and UK, addressing patterns of acculturation and cultural sources of resiliency for the Asian Indian diaspora.

Developing Solidarity Within and Between Graduate Student Communities of Color

Cathryn Fabian, Jennifer Yim, & Courtney Cogburn: University of Michigan

With the increasing elimination of affirmative action policies from institutions of higher learning, it is imperative for graduate students of color to work together to develop and protect an academic climate that openly addresses issues of diversity, and provides support for individuals from marginalized social backgrounds. The purpose of this interactive session is to identify common issues faced among psychology graduate students of color, share our experiences as student organization leaders working together toward promoting institutional diversity, and collaboratively brainstorm strategies that students can use to build coalitions across communities which advocate for issues of diversity at their universities.

Promoting Community Connections and Social Justice in a University Counseling Center

Mary Ann Takemoto (Chair), California State University, Long Beach; Kirstyn Chun, Ferdinand Arcinue, Diane Hayashino: California State University, Long Beach

The purpose of this symposium is to show different strategies for Asian American psychologists working in a university counseling center to build connections with the Asian American campus community and promote positive mental health. A large urban university with a student population of 35,000 is like a small town and the counseling center psychologists must work like community psychologists. In addition to traditional clinical work, psychologists on campus provide consultation and outreach, as well as prevention-oriented work to extend services to communities of color. Asian American psychologists are in a unique position to help promote multiculturalism on campus and advocate for social justice issues, as well as a teaching and training role. This symposium will highlight the roles played by three Asian American psychologists at a university counseling center.

**7:00pm – 9:00pm AAPA Banquet
Empress of China Restaurant
838 Grant Avenue, San Francisco (Chinatown) Phone: 415-434-1345**

FRIDAY, AUGUST 17

**Registration: Starting at 8:00am: Alliant International University (AIU) Lobby
Continental Breakfast 8:00am – 9:00am**

**ALL DAY EVENTS:
AAPA Book Drive for Student Scholarships: Friday 8:00am – 2:00pm, AIU Lobby. All proceeds benefit the Student Travel Fund**

Educational Tours

Thanks to the hard work of our Event Coordinators, Ellen Lin & Kavous G., Bassiri, and the assistance of RAMS staff, AAPA offers four educational tours on August 17, 2007.

COMMUNITY MENTAL HEALTH PROGRAMS TOUR: FRIDAY MORNING

A tour of local community mental health programs serving Asian Americans in San Francisco. **San Francisco General Hospital - Department of Psychiatry**, a county hospital in collaboration with the University of California, San Francisco provides culturally focused emergency inpatient and outpatient psychiatric services for diverse residents of San Francisco. Tour will include visiting Unit 7C, a pioneering inpatient program with a focus on serving the Asian & Pacific Islander community. **New Leaf: Services for Our Community**, a non-profit multi-purpose counseling center (mental health, substance abuse, HIV/AIDS and social support) for the lesbian, gay, bisexual and transgender (LGBT) communities of San Francisco and the surrounding Bay Area. **Vietnamese Youth Development Center**, a community-based, non-profit agency with an emphasis on serving immigrant youth from Vietnam, Cambodia and Laos and provides culturally competent youth development services including employment training, case management, mental health and substance abuse prevention & intervention, academic support, and delinquency prevention.

CHINESE HERITAGE WALK & TOUR OF CHINATOWN: FRIDAY AFTERNOON

A walking tour through San Francisco's Chinatown emphasizing the various cultural achievements, social progress, and history of the Chinese community in America. The walk includes places of interest such as the Chinese Historical Society of America, Chinese temple, herb store, teashop, food market, churches, schools, community organizations, and many architectural and historical points of interest. This tour will be led by special guest docent, **Albert Cheng**, an educator for more than thirty years having worked at the SF Unified School District, California School Leadership Academy of the California Department of Education, and WestEd before retirement. Active in and dedicated to the community, he is the current Co-Chair of the Board of Directors for the *Chinese Culture Center of San Francisco*; Co-Founder & Teacher for the *In Search of Roots*, a yearlong internship for young Chinese-Americans in researching their family history & visiting the ancestral village in China; and Co-Founder of the Cheng Family Society of America.

RICHMOND AREA MULTI-SERVICES, INC. (RAMS) SITE TOUR: FRIDAY AFTERNOON

Founded in 1974, Richmond Area Multi-Services, Inc. (RAMS) is a private, non-profit comprehensive mental health agency providing community-based, culturally competent, and consumer-guided services for the diverse San Francisco Area. Tour will include: **Bridge To Wellness**, a partial hospitalization and intensive outpatient services program for adults with serious & persistent mental health conditions and those with dual diagnosis (mental illness and substance abuse/dependence). **Hire-Ability & Café Phoenix**, a vocational training program for adults with serious & persistent mental health conditions, offering an array of employment related services and on-the-job training, which includes the Café Phoenix site. **Broderick Street Adult Residential Facility**, a community-based long-term stay home for adults with both serious & persistent mental and medical illnesses, offering residential services as well as on-site outpatient behavioral health and medical support services.

ANGEL ISLAND STATE PARK: FRIDAY AFTERNOON

For many Asian Americans' ancestors, Angel Island was the point of entry into the United States from Asian home countries. It played a major role in the settlement of the West, serving both as a Public Health Service [Quarantine Station](#), and an [Immigration Station](#). The island itself is a hilly, grass and forest-covered island, the largest in San Francisco Bay. For over six thousand years, it was used by [Miwok Indians](#) as a fishing and hunting site. For almost 100 years – stretching from the [Civil War](#) to the [Cold War](#) – the island housed a variety of military installations, including supporting troops on their way to and from the Pacific Theaters in [WWI and WWII](#). This tour will focus on the Immigration Station and the history of the facility as primarily a detention center to control the flow of Chinese into the U.S. (excerpted from <http://angelisland.org/immigr02.html>)

9:00am – 12:00pm Morning Workshops

Transformative Teaching: How to Teach about Race and Culture, Address Resistance, Encourage Application, and Contribute to Social Justice

Karen L. Suyemoto, University of Massachusetts Boston & Alvin N. Alvarez, San Francisco State University

This workshop is for those who are designing or currently teaching courses aiming to foster culturally sensitive and anti-racist psychological practice (therapy, research, organizational advocacy). It aims to address how to teach in transformative ways that foster insights into the ways in which social systems (e.g. race, culture, social class) affect one's own worldviews and one's engagement with psychological research and therapy. The workshop will address curricular and pedagogical methods to meet the Multicultural Guidelines, dealing with resistance to multiculturalism in psychology, and teaching about clinical applications.

International Collaborations and Community Interventions *Gargi Roysircar, Antioch University New England & Cirecie West-Olatunji, University of Florida*

This workshop presents an approach to disaster response work that integrates the use of culture-centered interventions, training of graduate students as volunteer relief workers, and a shift in focus from psychotherapy for individual trauma to community interventions for normative grief and trauma responses. We will describe community interventions, volunteer training, and research on volunteer preparedness in response to the tsunami in Southern India, Hurricanes Katrina and Rita, and mental health outreach in orphanages in Botswana and South Africa. We will discuss training student volunteers in Paulo Freire's pedagogical framework of social justice and in self-care, utilization of resources of resilience, and multicultural sensitivity.

Breaking The Silence, Coping With Suicide And Depression *David Takeuchi, University of Washington; Janet Sooboo, Asian Counseling and Referral Services, Seattle, Washington; Kinike Bermudez Walker, Consumer Advocate, NAAPIMHA Board; Anisha Imhoff-Kerr, former Citizen Organizer/ Statenwide Trainer, New Mexico Department of Health/ Office of Consumer Affairs; Kana Enomoto, US Department of HHS, SAMHSA*

Suicide ranks as the eighth leading cause of death among AAPIs for all ages, compared to eleventh for the overall US population. This workshop will provide an overview of suicide, depression and factors that place a person at risk for experiencing these problems. It offers a first hand account by individuals who have attempted suicide and individuals who have experienced the loss of a family member through suicide. And finally, there will be an opportunity to discuss areas for future research, development of strategies to cope with suicide in the community and on college campuses that can build on work that is being done by SAMHSA at the federal level.

Substance Abuse And Mental Health: Bridging The Gap *Ann Yabusaki, Coalition for Drug Free Hawaii; Darryl Inaba, Genesis of Asante Health System, Central Point, OR; Nolan Zane, National Research Center on Asian American Mental Health, University of California – Davis*

There are countless barriers that prevent the field from dealing with substance abuse and mental health together. Current training curricula, program development, intervention strategies, sources of funding and research continue to see them as separate and distinct. This is unfortunate since many who experience problems in one area have difficulty in the other. Among AAPIs, including youth, the problems remain hidden with little discussion in the community. This workshop will look at the data, risk factors, challenges in addressing the problems and the successes within the Juvenile Court system in Hawaii.

It Takes a Village: A Culturally Competent, Community-Based, Multidisciplinary Approach

to Meet the Needs of a Diverse Population RAMS, Inc. Staff: *Kavoos G. Bassiri, RAMS; Eddie Chiu, RAMS Asian Family Institute; Lin Lin, RAMS Broderick Street Adult Residential Facility; Chiaki Sasaki, RAMS Bridge To Wellness; Jovita Ramos, RAMS Hire-Ability Vocational Services; Kenneth Lee, RAMS Child, Youth & Family Services – Wellness Centers Program; Christina Shea, RAMS Child, Youth & Family Services; Jayoung Heo, RAMS National Asian American Psychology Training Center*

For over thirty years, RAMS, Inc. – private, non-profit agency in San Francisco emphasizing in serving the Asian American population – has been at the forefront in developing, providing, and advocating for culturally competent & innovative services. *It Takes a Village* illustrates, through didactic and case presentations, how an organization strategizes to meet the ever-changing needs of the community. A multidisciplinary expert panel will present on practice theories and its application, methods in cultivating leadership & facilitating advocacy efforts, building partnerships & collaborations, and describe professional experiences in providing mental health, vocational, and consultation services in various settings (clinic, schools, residential).

12:00pm – 1:00pm Lunch (on own)

1:00 – 4:00pm Afternoon Workshops

Using Qualitative Methods in Asian American Communities

Lisa A. Suzuki, New York University; Muninder K. Ahluwalia, Montclair State University; Kwong-Liem Karl Kwan, University of Missouri at Columbia

This workshop will highlight how qualitative methods can enhance the field of Asian American research. The presenters will provide an overview and critique of qualitative methods as they pertain to mental health research with Asian Americans, and address issues that arise when conducting research with this community. Use of mixed methodology will also be discussed. Participants are invited to bring projects, data, and ideas that they are currently working on to get feedback from the presenters and other participants.

The Invisible Crisis: Do Eating Disorders Exist among Asian Americans? *Mary Gee, Davis Y. Ja & Associates, Inc; Hue-Sun Ahn, College of New Jersey*

Eating disorders (EDs) affect up to 8 million Americans and have the highest mortality rate of any psychiatric disorder. Exact statistics on the prevalence of eating disorders among women of color still remain largely unavailable. Stereotypes of Asian American women may contribute to the assumption that this population is immune to Eds but cultural risk factors and anecdotal evidence indicate otherwise. This session will focus on current knowledge on eating disorders and Asian American females, provide a forum for dialogue regarding eating disorders treatment/research/advocacy/policy issues, and explore the role of advocacy and avenues for individual/community involvement.

Building the Mosaic: Addressing South Asian Mental Health Needs through Community Collaborations *Shamin Ladhani (Chair), Wheaton Franciscan Healthcare; Sushama Kirtikar, Founder & President of Providing Educational, Humanistic and Cultural Hope for the south Asian American Network; Hamid Khan, Executive Director, South Asian Network; Razia Kosi, Howard County Public School System, Counselors Helping (South) Asians/Indians, Inc.; Neera Nijhawan Puri, South Asian Psychological Networking Association; Vani Rao, Director Neuropsychiatry Fellowship Program, Brain Injury*

Program, Johns Hopkins Hospital; Nita Tewari (Discussant), University of California, Irvine

South Asian Americans are the fastest growing Asian American subgroup and are growing incrementally each year. Mental health services provided through grassroots community organizations across the United States have been instrumental in addressing immigration related trauma and displacement, loss of familial networks, generational conflict, acculturation and pressure to maintain cultural values, thereby increasing successful mental health utilization in the South Asian community. This workshop will address intervention needs and strategies in the South Asian Community and overview the processes of starting outreach efforts to the community in order to build a grassroots organization and engage in advocacy.

Mindfulness and Meditation amongst Asian American Women: Practice and implications

for self and other-oriented work Susana M. Lowe, Argosy University & Juli Fraga, University of California at San Francisco: Co-Chairs of AAPA Division on Women

API women and their allies are invited to explore mindfulness practices as tools for health, stress management, and coping. We will practice breath-focused sitting meditation, body scan, walking meditation, and time permitting, a Mehta (loving kindness) meditation. In the spirit of DoW, we will gather to connect with one another, discuss healing and awareness within the self, and consider the work we do outside of the self and in politicized spaces.

Moving Ahead: Developing Strategies To Address Mental Health/Substance Abuse Issues Within The AAPI Community

D.J. Ida, NAAPIMHA; Larke Huang, US Department of HHS, SAMHSA; Kimo Alameda, Office of Multicultural Affairs, Adult Mental Health Division, State of Hawaii; John Li, Korean Student Association, VA Tech; Mary Grace Campos, Multicultural Programs and Services, VA Tech; David Mineta, San Mateo County Asian American Recovery Services, Inc.

The tragic events of VA Tech highlighted the necessity to address mental health issues in all our communities. Stigma, lack of culturally and linguistically competent services, different perceptions of mental health and lack of awareness all impact the ability of Asian Americans, Native Hawaiians and Pacific Islanders to receive quality care. This workshop will provide an overview of the issues at the local, national and federal level with the intent of developing strategies and policies that address the mental health and substance abuse issues within our communities.