

Asian American Psychological Association



presents

"Integrating Asian and Asian American Psychologies"

This convention addresses cross-cutting themes, theoretical issues, methodological innovations and the intersection of research and practice between Asian and Asian American psychologies. Sessions feature the works of Asian American psychologists, other mental health professionals, and/or collaborators from Asian nations.

2004 Annual Convention
Tuesday, July 27, 2004
Japanese Cultural Center
Honolulu, Hawaii

Convention Co-Chairs: Arpana G. Inman and Michi Fu
Program Chair: Angela Ebreo

(Hawaiian Style Awards Banquet to follow at the Japanese Cultural Center)



Aloha from Governor Linda Lingle

presented to the
ASIAN AMERICAN PSYCHOLOGICAL ASSOCIATION
JULY 27, 2004



On behalf of the people of the State of Hawai'i, I am pleased to offer a warm welcome of traditional Hawaiian hospitality as you gather for the annual Asian American Psychological Association Convention, with a theme of "Integrating Asian and American Psychologies."

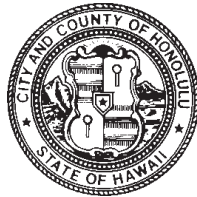
I am delighted you have chosen our beautiful islands for the 2004 meeting site at the Japanese Cultural Center in Honolulu. There is certainly much that is unique about the Aloha State. Visitors to our islands find beaches and mountains of unmatched beauty, thriving communities of amazing cultural diversity, places of historical significance, and an array of shopping choices. But time and time again, our visitors tell us that what truly makes Hawai'i special is the aloha spirit embodied in our people.

Best wishes for an informative and enjoyable conference. May your stay in Hawai'i be both personally and professionally rewarding.

Aloha,

Linda Lingle
Governor, State of Hawai'i

**OFFICE OF THE MAYOR
CITY AND COUNTY OF HONOLULU**



MAYOR'S MESSAGE

Aloha and welcome to the Asian American Psychological Association (AAPA) on the occasion of its annual conference, held this year at the Japanese Cultural Center in Hawaii. Mahalo to conference co-chairs Michi Fu and Arpana Inman for hosting the 2004 conference, "Integrating Asian and Asian American Psychologies."

I commend the organizers of AAPA for continuing to advocate on behalf of Asian Americans through education, training, and communication among psychologists, educators, social workers, and other professionals in the health care industry. Your association has significantly improved the quality of services and treatment offered to minorities in the mental health field.

On behalf of the citizens of the City and County of Honolulu, I extend best wishes for a successful conference and invite you to explore our tropical gardens, lush rainforests, miles of sandy beaches, other outdoor adventures, and outstanding attractions that Hawaii offers.

JEREMY HARRIS, Mayor
City and County of Honolulu



Conference Schedule 2004

- 8:00 -12:00** **Registration** (*Foyer*)
- 8:30 - 5:00** **Book Sale** (*Foyer*)
- 8:30 - 9:00** **Welcome (Frederick T. L. Leong, AAPA President)** (*Manoa Grand Ballroom*)
- 9:00 - 10:30** **Keynote presentation: Culturally Relevant Personality Assessment in Asia (Fanny Cheung, Chinese University of Hong Kong)** (*Manoa Grand Ballroom*)
Fanny Cheung, a distinguished professor, received her degree from the University of Minnesota and is currently the Chair of the Psychology Department at the Chinese University of Hong Kong. In addition to having served as the President of the Division of Clinical and Community Psychology in the International Association of Applied Psychology, and the President of the Hong Kong Psychological Association, she is the lead investigator of the first comprehensive indigenous measure of personality in Asia and has been the investigator in charge of the Chinese versions of the MMPI, MMPI-2, and MMPI-A. She has served at high levels in the HK government, including being the Chairperson of their Equal Opportunities Commission.
- 10:30 - 10:45** **Break**
- 10:45 - 11:45** **Roundtable #1 - A Comprehensive Ethnic Identity Model for Chinese American Women (Ting-Ying Wu, Chung Shan Medical University, Taiwan)** (*Ewa Room 1*)
This theoretical model proposed two developmental phases in Chinese American women's ethnic identity formation: the acculturation phase and the appraisal phase. In the acculturation phase, the participants defined two senses of self: (a) being Chinese and (b) being American. In the appraisal phase, participants described how they made decisions about their ethnic identities. They avoided the groups that they did not want to associate with and were prone to choose what they felt proud of as their preferred identities.
- Roundtable #2 - Asian American Students & Multicultural Resistance on College Campuses (Jonathan R. Flojo, Garden Grove, CA; Diane Hayashino, UC, Irvine, and Yuli Liu, San Jose State University)** (*Ewa Room 2*)
In this roundtable discussion, facilitators will explore with participants multicultural resistance among Asian American college students and other students of color. Strategies to address resistance and negative reaction from Asian American students will be exchanged. This presentation will be geared toward psychologists/counselors in university settings, student service personnel, and university students.
- Workshop #1 - Implications of Utilizing a Multicultural Feminist Model of Mentoring in Working with Mentees of Asian Descent (Jeeson Park, McGill University, Canada)** (*Diamond Head Room 1*)
The purpose of this workshop presentation is two-fold. First, a multicultural feminist model of mentoring proposed by Benishek and her colleagues (in press) will be presented. Second, the workshop will provide a forum in which participants can discuss potential benefits and challenges of utilizing this model when working with mentees of Asian descent in the field of psychology.
- Symposium #1 - Stigma as a Mental Health Treatment Barrier among Chinese-Americans (Chair: Lawrence Hsin Yang, Columbia University, NY; Discussant: Stanley Sue, UC, Davis)** (*Diamond Head Room 2*)
Effect of Culture on Stigma towards Mental Illness: The Case of Chinese-Americans Compared with European-Americans (Lawrence Hsin Yang, Columbia University, NY)
How Stigma Manifests in the Clinical Encounter: Case Examples among Immigrant Chinese-Americans (Yu-Wen Chou, Gouverneur Hospital, NY)
The Minority Supplement to the Surgeon General's Report on Mental Health has identified stigma towards mental illness as an important factor in why Asian-Americans underutilize mental health services. In order to examine whether Asian-American ethnicities demonstrate more stigmatizing attitudes towards people with mental illnesses, the first part of this program presents research from a nationally representative dataset comparing stigmatizing attitudes among Chinese-Americans vs. European-Americans. The second part of this program presents clinical examples of how stigma affects one of the most marginalized groups within the Chinese-American population, schizophrenia patients and their families. Case examples will be used to illustrate stigma interventions with this population that can also be applied to other diagnostic groups within the Asian-American population.

Invited Session #1 - Opportunities in Women's Health Research (Chair: Barbara Yee, University of Hawaii, Manoa) (*Lounge*)

Addressing the needs of Asian and Pacific Islander women through Community Center of Excellence in Women's Health model (Mya Moe Hla, Executive Director, Community Center of Excellence)
Opportunities in Women's Health Research (Joyce Rudick, Office of Women's Health Research, NIH)
Opportunities for examining the Role of Social-Psychological Issues and Cancer in Women's Health Research (Evaon C. Wong-Kim, San Jose State University)

This symposium is sponsored by the Office on Women's Health, Department of Health and Human Services. It will address current issues regarding the status of Asian and Pacific Islander Women's Health, such as Asian Women's Health in the age of genetics and applied ethics and health service delivery issues for vulnerable Asian and Pacific Islander women in Hawaii as well as opportunities in Women's Health Research.

12:00 - 1:30 **Mentor - Mentee luncheon** (*Manoa Grand Ballroom*)

1:30 - 1:45 **Break**

1:45 - 2:45 **Roundtable #3 - Asian & Asian-American Women: Professional Experiences, Issues, and Development** (Neesha Patel, San Francisco State University; & Edna Marie Esnil, Notre Dame de Namur University) (*Ewa Room 1*)

The goal of this roundtable presentation is to facilitate a discussion about the salient issues related to professional development among Asian and Asian American women in psychology and related fields. This presentation will highlight the unique issues that contribute to the retention and development of both Asian and Asian American women at varying stages in their career.

Roundtable #4 - Coaching Asian-Americans to Navigate Organizational Culture (Winnie Lanoix, Right Management Consultants, Lafayette Hill, PA; & David Kannerstein, Private Practice) (*Ewa Room 2*)

This roundtable will review the case studies of several Chinese-American scientists working in pharmaceutical companies. The presenters will explore research showing that without effective organizational support, 40% of new leaders (new in their roles, and/or new to the organization) fail to meet the often unwritten expectations of the organization. Asian-Americans are often stereotyped in organizations for not meeting these unwritten rules or demonstrating the competencies identified for success in organizations. The roundtable discussion will focus on how a coach can use the knowledge of culture and acculturation to support individuals in navigating organizational culture and building on their strengths.

Symposium #2 - Filipino cultural components in the Philippines and in America (*Diamond Head Room 1*)

Kapwa: Embracing Our Shared Identity - A Qualitative Examination of How Filipino American Ethnic Identity is Influenced by Filipino American Role Models (N. Judy Patacsil, San Diego Miramar College)
Cultural Influences on Disaster Management in the Philippines: The Mount Pinatubo Eruption (C. Dominik Güss, University of North Florida)

Why do some become rich? Why do others stay poor? A Qualitative study of Philippine Poverty (Teresa G. Tuason, University of North Florida)

The symposium presents three qualitative studies that closely looked at Filipinos, Americans, and Filipino-Americans. The first presentation will include a qualitative study that sought to explore the meaning that Filipino-American role models had on the ethnic identity of Filipino-American college students. The second presentation focuses on meaning of constructs of poverty among Filipino and Filipino-Americans. The third presentation examines how disparate cultural norms affected the disaster management process of Filipino experts who worked together with US experts during the 1991 Mount Pinatubo eruption in the Philippines.

Workshop #2 - Developing Research Reflexivity: Positioning Oneself in Relation to Researched Communities (Karen Suyemoto, Phuong Nguyen, & Julie Ahn, University of Massachusetts, Boston) (*Diamond Head Room 2*)

This workshop examines the ways in which the research process, the researcher, and the community are affected when researchers come from within the community and from outside the community. Presenters will discuss their research projects with multiracial Asian Americans, and southeast Asian refugees, and the ways in which their position in relation to the communities affected the research process. Through interactive discussion, participants will explore and share their experiences with reflexivity and the research process, including impact on question generation, data collection, analysis and interpretation, challenges and benefits, personal development as a researcher, and as a member of various Asian American communities.

Invited Session #2 - Forum for the Council of Past Presidents (Frederick T. L. Leong, AAPA President, University of Tennessee) (Lounge)

The forum will consist of a panel of past AAPA presidents: Nolan Zane (91-93), Reiko True (97-99), Gisela Lin (01-03) and Richard Suinn, 1999 APA President. The purpose of the forum is to discuss the role of the council, the Strategic planning committee, and their interface within AAPA.

2:45 - 3:00 Break

3:00 - 4:15 Poster Session (Foyer)

Family Cohesion Discrepancies among Chinese American Adolescents and Their Parents

Jennifer Ibardolaza*, Tattiya Kliengklom, Frederica Law (San Francisco State University)

Reflections and Experiences of Asian-Indian-White Interracial Couples

Anju Kaduvetoor*, Arpana G. Inman, Abby Altman (Lehigh University)

Cultural Stereotypes of Asian Americans: A Context-Specific Approach

Maria I. Iturbide*, Teri A. Wong, Greg M. Kim-Ju, Oanh Meyer (California State University, Sacramento)

Cross-Cultural Study of Self-Conscious Emotions: Shame, Guilt, and Pride

Emi Furukawa*, June Tangney (George Mason University)

Cultural Beliefs and Parenting Attitudes in Asian American and European American Parents of Internationally Adopted Asian Children

Cindy H. Liu*, Kirby Deater-Deckard (University of Oregon), Stephen A. Petrill (Penn State University)

Korean children's psychological experience of race: Qualitative Analyses with Korean Americans, Korean Nationals, and Transracially adopted Koreans

Sara Cho Kim*, Sung Han Lee, Kelly Huffman, David C. Lee, Mariko Lin, Stephen M. Quintana, Mary Streubel (University of Wisconsin, Madison)

Predictors of Career Decision Self-Efficacy in Asian Americans

Yuli Liu (San Jose State University), Ruth H. Chung (University of Southern California), Yuying V. Tsong (UC, Irvine)

Crossing Cultural Borders: What Does It Mean to be Korean?

Greg M. Kim-Ju, Jennifer L. Lee (California State University, Sacramento), Jean Kang, Sarah Lee (Ewha Womans University)

Help-Seeking Process and Outcome of Sexual Abuse Survivors in Taiwan

Yu-Wei Wang*, P. Paul Heppner, Yu-Ping Huang (University of Missouri, Columbia), Chia-Huan Chen (National Taiwan University)

Be Nice to Strangers: The Importance of Social Context, Ethnicity, and Socio-Economic Status on Collectivism

June Liang*, William Chung, Chi-Ah Chun (California State University, Long Beach)

Parenting 1-year-olds: Do mothers and fathers think alike?

Susan S. Chuang (Syracuse University)

Hmong Cultural Identity and Academic Achievement: Calm Heart Manual

A Yang*, Sara Cho Kim, Hardin L.K. Coleman (University of Wisconsin, Madison)

Asian Immigrant Cultural Adjustment: A Collaborative Research Project with High School Student Researchers

Alison Mei Lie Ching*, Christine Yeh, Pei-Wen Winnie Ma, Anvita Madan-Bahel, Yuki Okubo, Munyi Shea (Teachers College, Columbia University)

Asian Americans' Racial Awareness in Context: A Qualitative Analysis

Matthew R Lee* (University of Illinois, Urbana-Champaign)

Cultural values in contexts: Implications for behavioral intentions

Chun-Chung Choi*, Chi-yue Chiu, James Rounds (University of Illinois, Urbana-Champaign)

Qualitative Exploration of Asian Indian Women's Identity: The Malayalee Experience

Elizabeth J. Jacob (University of Scranton), Anju Kaduvetoor (Lehigh University)

Racial Identity, Racism Related Stress and Collective Self-Esteem: Factor Structure, Reliability and Validity

Mark H. Chae* (Seton Hall University)

Log on: Asian American Internet use and well-being

Katherine Herold*, Moin U. Syed, Linda Juang (San Francisco State University)

Effects of Face, Cultural Identity, Ethnic Match, and Gender Match on Self-Disclosure Tendencies of Asian Americans

Tomoko Kato*, Nolan Zane (UC, Davis)

Exploring the Relevance of Multidimensional Self-Constraint

Erin E. Hardin (Texas Tech University), Frederick T. L. Leong (University of Tennessee)

Career satisfaction, acculturation, and mentoring of APIA faculty

Angela-Minhtu D. Nguyen*, Jennifer Lonergan-Garwick (California State University, Long Beach)

Asian American College Students' Smoking Behavior: Expectancies and Social Context

Michiko Otsuki*, Barbara Tinsley, Vince Genna, Carolina Kennedy, Jacqui Cheng, Meghan Dawson, Lesley Ann Laya (University of California, Riverside)

Attributions of Blame Supplemental Scales for the Asian American Family Conflicts Scale

Jenny Su*, Richard M. Lee (University of Minnesota)

Culturally-based Variables: Hawaiian Versus Mainland Asian Americans

Jean Yi*, William H. George, Christian Hendershot (University of Washington), Gordon Hall (University of Oregon), Stanley Sue (UC, Davis)

Challenges and Workable Solutions in Chinese-White Biracial Parenting

Yuehong Chen* (Georgia State University)

Racial/ethnic minority research in *Journal of Counseling Psychology*

Tam Dao*, Huijun Li, Donghyuck Lee (Florida State University)

Peer and community relationships and mental health outcomes in Asian students

Gagan (Mia) S. Khera* (George Washington University)

Social Support among Taiwanese Students: Structural Characteristics and Perceived Availability

Bai-Yin Chen* (Bowling Green State University), Donald Nicholas (Ball State University)

Social Support and Cognitive Difficulties among Vietnamese Immigrant Older Adults

Ann Marie Yamada (University of Southern California), Barbara (AKA Bobbie) Yee (University of Hawaii, Manoa)

Belonging, exclusion, and racial and ethnic identities in Asian American Youth

Grace S. Kim*, Karen L. Suyemoto (University of Massachusetts, Boston)

* indicates that first author is a student

3:30 - 4:30

Invited Session #3 - Preparing for Predoctoral Internships (Chair: Lynda Yoshikawa, Alliant International University, San Diego; Panel: Mary Ann Takemoto, University of California, Irvine; Jeanne Manese, University of San Diego; Michi Fu, University of Hawaii at Manoa; and Lisa Kinoshita, Stanford University School of Medicine) (*Ewa Room 1*)

This session will be an interactive session with training directors, students, and professionals who will share their thoughts and experiences about the selection process and give advice on preparing for internship. Students at all levels of training are invited to attend this session.

Workshop #3 - Strengthening Hawaii Families (Renee Peiler and Ann Yabusaki, Coalition for A Drug-Free Hawaii) (*Ewa Room 2*)

How do you support healthy relationships between parents and children in a multicultural society? Strengthening Hawai'i Families (SHF), a nationally recognized model program, brings family members together to create a family vision based on values and cultural pride. Designed for a highly diverse, multicultural environment SHF encourages families to explore and discover for themselves what works best for them. Strategies to empower families to clarify and practice their family's values, strive towards their goals and dreams, as well as build connections with family, school, and community will be identified.

Workshop #4 - Support Group for Asian American parents with Developmentally Disabled Children (Chia-wen (Winnie) Hsieh, CSPP, Los Angeles) (*Diamond Head Room 1*)

Historically, parental support groups have been offered for parents of children with physical illnesses. It is not until recently, an increase of emphasis and support for parents of children with developmental disabilities are being observed. However, very little recognition is offered for Asian American parents of children with developmental disabilities. The workshop will focus on the impact of Asian culture and values and the multiple challenges for Asian American parents in mainstream culture. The importance of needs assessment for Asian American parents with developmentally disabled children will be discussed.

Symposium #3 - Intergenerational Contributions to Southeast Asian American Adolescents' Psychology (Chair: Yu-Wen Ying, UC Berkeley; Discussant: Phillip Akutsu, University of Michigan) (*Diamond Head Room 2*)

Effect of Parental Trauma on Coherence as Mediated by Attachment (Meekyung Han, UC Berkeley)

Effect of Differential Acculturation on Depression as Mediated by Intergenerational Conflict (Yu-Wen Ying, UC Berkeley)

This symposium examines intergenerational contributions to the psychology of Southeast Asian American

(SEAA) adolescents. Like the majority of other Asian American (AA) youth, SEAA adolescents have parents who are born overseas. But, unlike other AA adolescents, their parents have suffered significant war and escape related traumas prior to resettling in the United States. The symposium demonstrates the impact of these two key experiences on SEAA adolescents' psychology by showing that the negative effect of parental trauma on the child's competence is mediated by attachment, positive effect of intergenerational discrepancy in acculturation, and intergenerational conflict on the adolescents' depression.

Invited Session #4 - Screening of "The Culture of Emotions" Training Video (Chair: Elayne Chou, AAPA Finance/Membership Officer; Discussant: DJ Ida, Executive Director of the National Asian American Pacific Islander Mental Health Association) (*Lounge*)

This video was directed by Francis Lu, Professor of Clinical Psychiatry and Director of the Cultural Competence and Diversity Program at San Francisco General Hospital, and produced by Harriett Koskoff. The screening will feature Evelyn Lee (a pioneer in our field who passed away recently) and her presentation of counseling and therapy with Asian clients, especially immigrants and refugees.

4:00 - 4:45 **Division on Women Meeting** (*Manoa Grand Ballroom*)

4:30 - 6:00 **Invited Session #6 - Negotiating Tenure in Academia** (Chair: Merry Bullock, APA Science Directorate; Panel: Richard Suinn, Colorado State University; Debra Kawahara, Alliant International University, San Diego; Alvin Alvarez, San Francisco State University; and Christine Yeh, Teachers College, Columbia University) (*Ewa Room 2*)

A panel of Asian American academicians and psychologists will share their knowledge and experience regarding the tenure process in this APA Science Directorate Sponsored Workshop.

5:00 - 6:00 **Workshop # 5 - Taiwanese Parachute Kids: An educational workshop** (Amanda Han, Alliant International University) (*Diamond Head Room 1*)

U.S. Bureau of the Census (2000) estimated a 102% growth of Taiwanese in the United States since 1990. The Taipei Economic and Cultural Office in Los Angeles (2002) indicated a 164% growth of Taiwanese students in the United State since 1980. Among the Taiwanese students in the United States, this study focuses on a unique population called "Parachute Kids," "Unaccompanied Minors," and/or "Little Overseas Students." The purpose of this project is to increase awareness, knowledge about common challenges and stressors faced by these kids, and identifying culturally sensitive assessment and community resources for mental health- and para-professionals.

Invited Session #5 - AAPA Dissertation Grant Symposium (Chair: J. C. Gisela Lin, AAPA Awards Committee Chair; Texas A & M University, College Station; Discussant: Reiko H. True, University of California, San Francisco; Speakers: Sunna Jung and Rangsiman Soonthornchaiya) (*Lounge*)

The recipient of the AAPA Dissertation Grant, and the honorable mention winner, will present their dissertation research. Ms. Jung who received the first AAPA dissertation grant will present on, "Dynamic Korean American Selves". Ms. Soonthornchaiya who received an honorable mention for her dissertation will present on, "Perceptions of Depression among Elderly Thai Immigrants."

6:00 - 6:30 **Social Hour** (*Manoa Grand Ballroom*)

6:30 - 10:00 **Awards Banquet** (*Manoa Grand Ballroom*)

This banquet will feature the announcement of AAPA awards and include Hawaiian style food, entertainment, and hospitality.

Program Committee

- Convention Co-Chair(s): Arpana Inman and Michi Fu
- Program Chair : Angela Ebreo
- Symposia-Workshop Chair (s): Larry Yang and Yukiko Shiraishi
- Roundtable Chair: Angela Ebreo
- Poster Chair/s: Bryan Kim, Phi Loan Le and Irene Kim
- Keynote/invited symposia chair: Elayne Chou
- Student oriented presentations: Lynda Yoshikawa
- Site location committee: Michi Fu, Bryan Kim, Sarah Miyahira, Hsin-Tine "Tina" Liu, Ann and Ken Yabusaki, Su Yeong Kim
- Volunteer Coordinator: Grace Kim and Puni Kalra
- Mentor- Mentee Luncheon Coordinator: Lynda Yoshikawa
- Book Sale Coordinators: Makiko Deguchi and Neera Puri
- Registration: Lisa Kinoshita, Marlene Kawahara, and Yosh Kawahara

Roundtable reviewers

Audrey Bangi
Bai-Yin Chen
Gisela Lin

Paul Castelino
Donna Ho Lee

Yuli Liu
Jeanne Woon

E. Janie Pinterits
Ann Marie Yamada

Symposia & Workshop session reviewers

Muninder Ahluwalia
Verna Fabella
Que-Lam Huynh
Annie Lam
Winnie Mak

Wendy Chung
George Hong
DJ Ida
Winnie Ma

Shivani Nath
Toshi Sasao
Karen Suyemoto
Yuying Tsang

Jennifer Nam
Quyen Nguyen
Anneliese Singh
John Tan

Poster session reviewers

Lynn Chang
Beverly Chen
Younjung Gong
Michael Ichiyama
Amanda Kim
Su Yeong Kim
Susan Ko
Ayse Urek

John Tan
Wendy Cheng
Farah Ibrahim
Sun Key
Sara Kim
David Kimweli
Matt Lee
Karen Tao

Ruth Chao
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Jeff Mio
Kevin Prince
Meera Rastogi
Meera Srinivasan
Meifun Wei

Szu-Hui Lee
Azmaira Maker
Durriya Meer
Neesha Patel
Shonali Raney
Debbie Roberts
Tania Tam

Mahalo to this year's contributors who helped make the conference a huge success!

Office on Women's Health, Department of Health and Human Services
AAPA's Division on Women
APA Science Directorate
Lyon's Arboretum
Polynesian Cultural Center
Hawaii Convention and Visitor's Bureau
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This Week in Oahu
University of Hawaii at Manoa Bookstore
Theresa Freeman